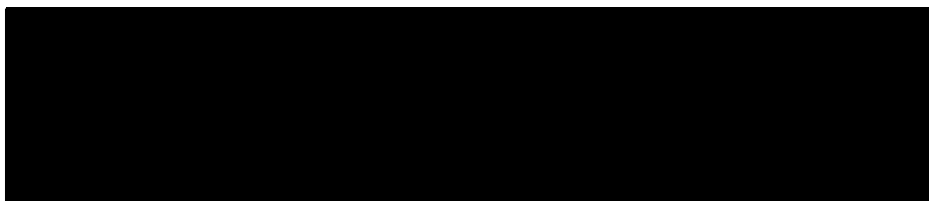


31 January 2019



Dear 

**Re: Official Information Act Request – brief intervention counselling**

Thank you for your Official Information Act request of 20 December 2018, seeking the following of Waitematā District Health Board (DHB):

*How much funding does your District Health Board receive or allocate directly or through Primary Health Organisations for brief Intervention counselling (BIC) initiatives?*

The following table summarises the annual funding Waitemata DHB provides to our two PHOs, Comprehensive Care and ProCare, for brief intervention counselling.

Primary Mental Health Initiative (PMHI) funding	Our Health in Mind (OHIM) funding	Additional funding for Brief Alcohol Interventions	Total
\$ 2,077,088.41	\$ 407,680.00	\$ 79,240.17	\$ 2,564,008.58

‘Our Health in Mind’ action plan has been commissioned to drive a major shift in the traditional model of mental health care in the Waitematā district. It is driven by a determination to do more to help people in need of mental health support and to provide help earlier where possible before illness progresses. (<http://www.waitematadhb.govt.nz/assets/Documents/action-plans/OurHealthInMind.pdf>)

In addition to the above funding that goes directly to our PHOs, we also fund other initiatives that are accessible directly by general practice teams. These teams provide brief intervention counselling and other support for patients with primary mental health needs. Initiatives include:

1. Primary mental health-youth specific services delivered through a Youth Health Hub
2. Awhi Ora - an initiative that provides community-based support to help people manage challenges that impact their wellbeing. These services are delivered by a number of mental health NGOs
3. Support groups operating under the DHB-funded NGO, Hearts and Minds

We have not stated the level of investment in the additional services noted above. However, we think that it is important for you to be aware that the PHO-provided brief intervention counselling is not the only set of services available to general practice teams.

I trust that this information meets your requirements. Waitemata DHB, like other agencies across the state sector, supports the open disclosure of information to assist the public's understanding of how we are delivering publicly-funded healthcare.

This includes the proactive publication of anonymised Official Information Act responses on our website from 10 working days after they have been released.

If you feel that there are good reasons why your response should not be made publicly available, we will be happy to consider this.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Debbie Holdsworth', written in a cursive style.

Dr Debbie Holdsworth  
**Director Funding**  
**Waitemata and Auckland District Health Boards**